

Welcome!

Personal information

Mr. Ms.

Family name:

Given name:

Street:

Zip code/city:

Date of birth:

Tel home:

E-mail:

Mobile:

Sport/hobby:

Profession:

Referred / Recommended by:

Main reason for an optometric check-up at sehzentrum zürich:

Are you undergoing medical treatment?

ophthalmologist

paediatrician

osteopathy

homeopathy

other

I wear:

glasses

contact lenses

My last check-up with an eye doctor:

I hereby consent to the following terms and conditions:*

Yes

No

Date:

Signature:

* Terms and conditions:

- Please change or cancel appointments 24 hours in advance. Cancellations on short notice will be charged according to the time reserved.
- If relevant, check with your health insurance provider to what extent costs are covered.
- I consent to the sehzentrum zürich, if needed, to pass my relevant examination results to my doctors or therapists for the purpose of completing my patient dossier.
- I hereby accept the data protection policy as under <https://www.sehzentrum-zuerich.ch/datenschutz.html>

Questionnaire for first examination for adults

We kindly ask you to fill out the checklist below as fully as possible to help us have the best overall understanding of your visual situation. We will be here to help should you have any questions. Thank you very much!

Name:

Date:

Might the following have been observed by yourself or others?

| <i>(Please tick the appropriate box)</i> | No | Yes | Sometimes | Unknown |
|--|----|-----|-----------|---------|
| Faraway things appear blurry / fuzzy (cinema / board etc.) | | | | |
| I feel less sure when it starts to get dark / in bad light | | | | |
| I'm sensitive to light | | | | |
| I find it difficult to judge distances | | | | |
| Close up text is blurry / fuzzy (book / smartphone) | | | | |
| Reading is tiring (only a few pages before tiring) | | | | |
| Adjusting from far to near or vice versa is difficult | | | | |
| Working at a screen is tiring | | | | |
| Letters / objects can temporarily be seen double | | | | |
| I often experience dry / red / watery / sensitive / itchy eyes | | | | |
| I have noticed flashing lights or floating dots in my vision | | | | |
| I often feel pain (pressure / pull) around the eye / in the eye socket | | | | |
| I often suffer from headaches / migraines | | | | |
| I suffer from dizziness | | | | |
| My neck / back is often tense or painful | | | | |
| Have you had an injury / inflammation / operation of the eyes? | | | | |
| Which were? | | | | |
| Has anyone ever mentioned you are cross-eyed or have a squint? | | | | |
| Is there a history of eye-problems in the family? | | | | |
| Do you suffer from allergies? | | | | |
| Are you currently in good health? | | | | |
| Are you taking any medication? | | | | |
| Are you undergoing any medical treatment? | | | | |

Which?

Send